Dialectical Behaviour Therapy (DBT) is a comprehensive, modular-based intervention for complex and difficult-to-treat disorders including self-harming, suicide, drug and alcohol abuse, eating disorders and unstable relationships.

These two-day training workshops are designed to review DBT strategies and to examine typical pitfalls in delivering these strategies across various clinical populations. They will cover areas where even those well-versed in the practice may find difficulty.

This is a wonderful and unique opportunity. Places at these workshops with this remarkable woman are limited, early booking is recommended.

Together we help build a life worth living.

For more information, visit:
www.byronclinic.com/ml
Dr William (Bill) Miller  
Founder of Motivational Interviewing  
Improving One-on-One Treatment  
November 2015 - workshop registration open now

Dr Marsha Linehan  
Founder of Dialectical Behaviour Therapy (DBT)  
DBT Skills & Strategies for Therapists  
March 2016 - workshop registration open now

Bessel van der Kolk, M.D.  
Pioneer - world leader in the research & treatment of trauma  
Trauma and the Restoration of the Self  
March 2016 - workshop registration open now

Norman Doidge, M.D.  
Author of *The Brain that Changes Itself*, psychiatrist, researcher  
The Brain’s Way of Healing  
May 2016 - workshop registration opening soon

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